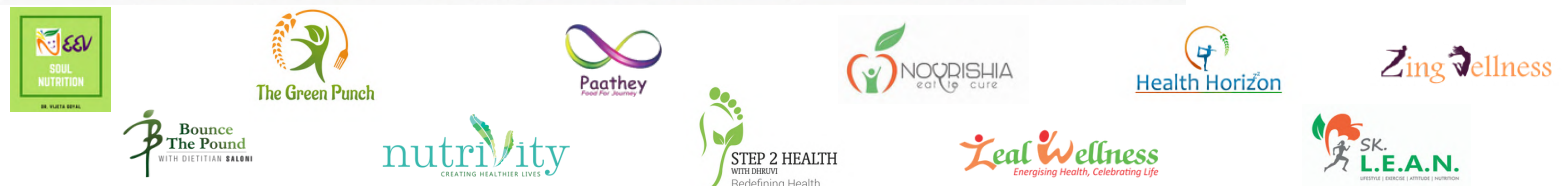


# NUTRITIONIST ENTREPRENEURSHIP PROGRAM

[www.myNEP.org](http://www.myNEP.org)

## PROSPECTUS 2021-22



## Join the Nutripreneur Revolution!

## FOREWORD

*Dear Nutritionists and Dietitians,*

*Slightly over five years ago, when we meticulously designed and executed our first NEP cycle, we knew only two things:*

**One** - we want to empower the Nutritionist community

**Two** - inspiration isn't enough, we want to transform!

*Sure enough, with intent in our heart and purpose in our mind - we manifested a lot in 5 years.*

*16 cycles, 118 fellows, 36 cities, 8 countries and 3000+ students and graduates inspired through our entrepreneurship workshops and webinars, and we are not done yet!*

*Our greatest source of inspiration is to see our community succeed and reach great heights - and sure they have made us proud! Are you ready to be one of them?*

*Being able to wake up in the morning to a job which allows you to touch lives and witness positive changes is an inexplicable joy of a different kind!*

*Thank you for allowing us to do this.*

*Health and hugs,*

*Dt. Tehzeeb and Dr. Vishal*

*Program Directors, NEP*



**Dt. Tehzeeb Lalani**

*Founder, Scale Beyond Scale*



**Dr. Vishal Marwah**

*Founder, Vishwas*



# ABOUT NEP

*NEP is a social enterprise founded with the aim to empower Dietitians and Nutritionists via experiential programs, workshops and symposia. Our goal is to provide the community with the skills, resources and tools to build, sustain and grow their nutrition practice.*

## NEP is for you if you are...



- ✓ A fresh nutrition graduate looking to start your own practice
- ✓ An established nutritionist/dietician looking to grow your practice and need help along the way
- ✓ Someone who values work-life balance and are searching for creative ways to generate revenue while working from home
- ✓ Tired of your routine, mundane job and would like to try something innovative in the healthcare space

## BENEFITS of NEP



- ✓ Ample support, guidance and hand-holding from industry experts and mentors
- ✓ Step-by-step guide on how to expand and grow your health and nutrition practice
- ✓ Tailor-made and actionable strategies on generating revenue without working a full-time job
- ✓ Work-life balance
- ✓ Your own personal brand





**118** Fellows



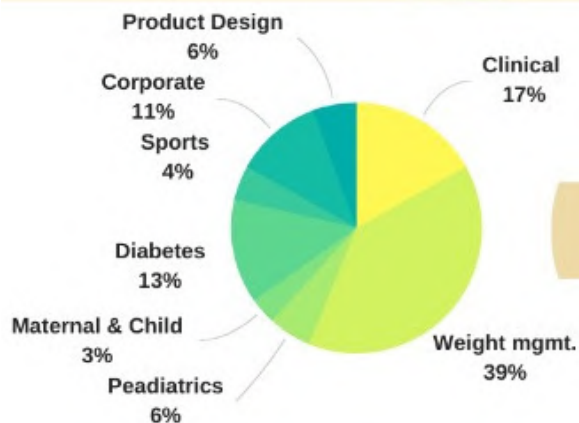
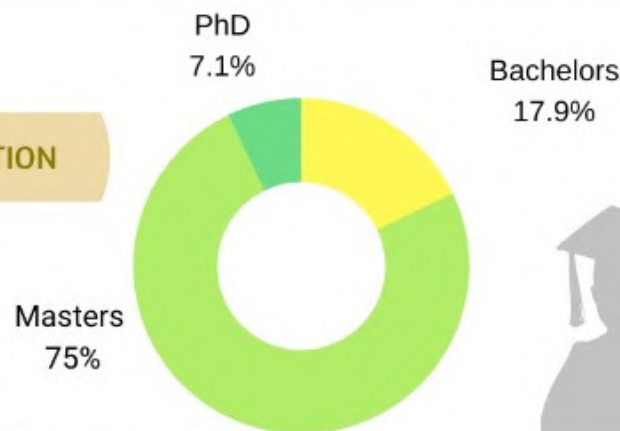
**36** Cities



**8** Countries

## PROFILE OF NEP FELLOWS

### EDUCATION



### AREAS OF SPECIALISATION

**75%** of NEP graduates **DOUBLED** their income within 6 months of completion of the program



**33%** of NEP graduates got featured in the **MEDIA** between 2016 till 2019















**3000+**

Students and graduates attended  
NEP workshops, webinars & eNlight



**eNlight**



What we stand FOR		What we stand AGAINST
		
Cooperation		Competition
Growing together		Growing alone
Innovative thinking		Boxed thinking
We		I
Action		Procrastination
Risk taking		Playing it safe
Big picture		Narrow focus
Empathetic		Self indulgent
Tech-savvy		Tech-phobic
Dreaming + Doing		Only Dreaming

# Program Director



**Dr. Vishal Marwah**

Physician Leader and  
Founder, Vishwas

Dr. Vishal Marwah is the Founder and Physician Leader at VISHWAS, a social enterprise committed to promote health and well-being in communities, worksites and schools. Over the past few years, Dr. Vishal has been a family physician, wellness coach, researcher, motivational speaker, author, and yoga teacher. Prior to VISHWAS, Dr. Vishal was responsible for coordinating the efforts of the Global Cardiovascular Disease Programs at the Mount Sinai School of Medicine in New York.

He holds the honorary position of the Regional Chair (India) for the International Association of Worksite Health Promotion. He has also authored a book chapter on India, in an international publication – ‘Global Perspectives in Workplace Health Promotion’. His efforts have been recognized at the international level, and the VISHWAS model of Physician Leadership has been awarded the ‘Grand Challenges Canada – Rising Stars in Global Health’ grant award. He is also leading the Mumbai Chapter of the Start-up Leadership Program, and is the Lead Evangelist for the TiE Health Entrepreneurs network.

*"An entrepreneur is someone who jumps from a plane without a parachute, and figures out how to build one on the way down."*

- Matt Salzberg  
(CEO, Blue Apron)



# Program Director



**Tehzeeb Lalani**

Founder, Scale Beyond Scale

Tehzeeb is a young and dynamic entrepreneur with a degree in Clinical Nutrition and Food Studies from New York University. She is the sole proprietor of a health and nutrition consultancy service called Scale Beyond Scale (SBS) where evidently enough, she helps her clients look beyond the weighing scale and guides them through a host of health woes - from diabetes to heart disease and everything in between. She contributes as a guest author for magazines such as Home and Happiness, The Active Times, Health Me Up, Diabetes Health, HealthBiz and B Positive.

She has also made appearances on Zee Business, Care World TV and done brief stints for All India Radio and The Economic Times. When not working, speaking, writing or studying the latest health trends, she travels, does yoga, studies and speaks fluent French, rants about the benefits of awakening at 5:00 am and partakes in simple home cooking experiments and plays hide-and-go-seek with her 1 and 3 year old nephews (accepting all suggestions for other playtime ideas).

*"The best way to find yourself is by losing yourself in the service of others"*

- Mahatma Gandhi





# Technology Mentor



**Sweta Pillai**

BE (IT), MBA (Finance)

An IT engineer and a Project Management consultant by profession, Sweta brings to NEP her vast experience in applying IT skills to business. Over the past 12 years, she has trained over 10,000+ people and has worked with customers like Maruti Suzuki, Adani Group and Pearson Education.

Sweta is also an avid Yoga practitioner, loves to travel, dance and cook healthy meals. She attributes her focus and creativity to the practice of Vipassana Meditation. As a Technology Mentor at NEP, she will be guiding the participants through their transformational journey.

*"The mind is everything. What you think, you become."*

*- Gautam Buddha*



# Design Mentor



**Vishwajit Shivdavkar**

Founder,  
The Green Kaleidoscope

*"Strive not to be a success, but  
rather to be of value"*  
- Albert Einstein

Vishwajit is the Design Mentor at NEP and his role is to infuse within NEP fellows and pass onto them his love for design. He trains them in cultivating a design acumen and reviews their website, logo, business card, brochures etc. with a fine sieve and some deep and profound insights.

He is an aspiring engineer, social media marketer, and also the Founder of a start-up called the Green Kaleidoscope - an organisation working towards rehabilitating natural green patches across housing societies, government and private properties. He enjoys trekking, playing badminton, sprinting, binge-watching Netflix and more importantly - cooking and trying exotic cuisines. He also loves participating in social events and workshops on entrepreneurship.

When asked to give a one-sentence summary of his work, he says: "I design websites and presentations for some of the smartest and most talented out there." Vishwajit's life goals keep evolving every few months, "just like an android/iOS update" he claims. However, what has stayed consistent through the evolving epiphanies is his love and passion to make the world a better place with his positive actions!



The most powerful program that transforms  
Nutritionists into Nutripreneurs!

## **NEP 6 Weeks Flagship Program**

January 2022 cycle

***5** joyous years of empowering Nutripreneurs!*



**JOIN THE NUTRIPRENEUR REVOLUTION**

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# FLAGSHIP PROGRAM CURRICULUM



## **Week 1 - Health promotion fundamentals (Theories, models and motivational counselling)**

- Introduction to NEP and the art of story-telling
- Health promotion theories and the Science of behaviour change
- Art of motivational counselling
- Effective public speaking



## **Week 3 - Wowing clients (Persuasive Design and innovative offerings)**

- Art of Getting things done
- Wowing your clients with great experience
- Introduction to Design thinking
- Designing health promotion programs



## **Week 5 - Beyond diet plans (Pricing, telephonic counselling, digital marketing)**

- Pricing workshop 1
- Pricing workshop 2
- Online and telephonic counselling
- Digital marketing (SEO, SEM, and Facebook Ads)



## **Week 2 - Attracting clients (Branding, sales and marketing)**

- Building your own personal brand
- Building your own organizational brand
- Getting your first client
- Selling your services



## **Week 4 - Digital and Tech week (Graphic and Website Design)**

- Introduction to Graphic Design
- Creating Persuasive content
- Using Graphic Design tools
- Workshop on web-designing



## **Week 6 - From Ideas to Implementation (Leadership, finance, negotiation)**

- Workshop on leadership and team building
- Art of negotiation
- Financial management
- Critical issues in Nutrition - Individual and group presentations

# FLAGSHIP PROGRAM DETAILS

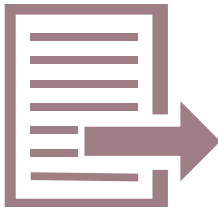


Program fees for the flagship program:

For Indian nationals: 33000 INR (All inclusive)

For Foreign nationals: USD 500 (All inclusive)

## Includes:



6-week intensive online program



100+ hours of video lectures (access to NEP online learning portal with web and mobile app)



NEP coursebook (a hard copy will be shipped to your residence/workplace prior to program commencement)



8 week support post program completion



One-on-one mentorship and support with program directors via NEP office hours (30 minutes/week)

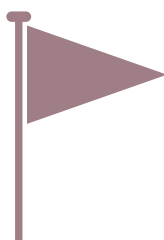


8-10 live interactive sessions via video webinar + comprehensive one-on-one support over phone and email.



Lifetime access to the NEP alumni and mentor network

## Financial assistance:



We have a limited number of partial, need-based scholarships for outstanding candidates. Decision regarding scholarship awards will be taken after the personal interviews. Participants will be assessed based on their financial status, commitment toward nutrition, community service, and leadership qualities.

# FLAGSHIP PROGRAM SCHEDULE 2022



**Program dates: January 26th to March 27th, 2021**

**Last day to Apply - December 20th, 2021**

Week 0	Jan 26	Inaugural session and Orientation
Week 1	Jan 31 - Feb 6	Health promotion fundamentals
Week 2	Feb 7 - Feb 13	Attracting clients
	Feb 14 - Feb 20	Study break 1
Week 3	Feb 21 - Feb 27	Wowing clients
Week 4	Feb 28 - Mar 6	Digital and tech week
	Mar 7 - Mar 13	Study break 2
Week 5	Mar 14 - Mar 20	Beyond diet plans
Week 6	Mar 20 - Mar 27	From ideas to implementation
	Mar 30 - Mar 31	Final Presentations

- Weekly live group video sessions (60 - 120 min) will be conducted once a week through the duration of the program
- The exact schedule of the group sessions will be decided after the batch is locked
- The preference of the fellows will be taken in to consideration
- Historically, the live sessions have taken place on weekdays, 7:30 am to 9:30 am (but this is subject to change).
- Assignments will need to be submitted as per the schedule



# ADMISSION PROCESS



## STEP 1

Apply online on  
[www.mynep.org/application](http://www.mynep.org/application)

## STEP 2

Online NEP  
Entrance test

## STEP 3

Preliminary Interview

## STEP 4

Final Interview

## STEP 5

Acceptance  
and Payment of Fees

# ADMISSION

## Detailed process

### STEP 1: Apply online on [www.mynep.org](http://www.mynep.org)

- The application is fairly simple and will take only 5 minutes. You will need to upload your resumé.
- After submitting your application, you will receive an automated confirmation email from us.
- You will hear from us within 3 days. If you have cleared the preliminary screening, you will move onto STEP 2.
- The email sent to you will have a scheduling link for the online entrance exam. You are required to schedule the online test within 3 days of receiving the email.

### STEP 2: Online NEP Entrance test

- This online test is to assess your basic nutrition and dietetics knowledge and your entrepreneurship potential.
- There will be a non-refundable exam fee of Rs 500 which would have to be paid online. You will need a credit card/net-banking details to make the payment.
- A minimum passing score of 50% is required to be eligible for STEP 3.
- Your objective score will be shared with you immediately after the exam.
- Your essay scores will be shared with you within 48 hours of completion of the exam.
- If you clear this step, you will receive an email with details about Step 3 which will be an in-person or a telephonic interview.

### STEP 3: Preliminary interview

- This will be a telephonic interview conducted by Tehzeeb, one of the Program Directors.
- The interview will last approximately 20-30 minutes. You will be assessed on the following 5 criteria -
  - i) Nutrition knowledge
  - ii) Leadership potential
  - iii) Entrepreneurship potential
  - iv) Creativity
  - v) Passion
- You will be informed about the decision of the interview within 72 hours.
- If selected, you will receive an email with details about scheduling the final stage interview.

### STEP 4: Final interview

- This will be a telephonic interview conducted by Dr. Vishal Marwah - one of the Program Directors.
- The interview will last approximately 20-30 minutes.
- You will be assessed on your entrepreneurship and leadership potential, your attitude towards nutrition science, and community service.

### STEP 5: Final Decision

Each applicant will receive a final decision from us within one week after completion of the final interview stage. There could be one of the following four outcomes.

#### ACCEPTED (A): Acceptance to the program and securing your spot

- You will be informed about the decision within 48 hours of completion of the final interview.
- You will be informed by email about the decision. You are requested to not call the office incessantly to enquire about the results.
- If you are accepted to the program, you will be required to pay an INR 5000 deposit within 3 business days to secure your admission. Failing to do this will cause you to lose your admission.
- You will be given a due date by which you will be required to make the remainder payment. Program fees are to be paid in full two weeks prior to program commencement.

#### WAIT-LISTED (W): Wait-listed for acceptance to the program

- We are trying to keep our batch size small and compact so that we don't compromise on the quality we deliver to each fellow. Because of this, we sometimes find ourselves in a situation where even though we may love your profile and think you would be a great fit for NEP, we would have to put your application on 'Wait-list.'
- If and when we incur dropouts, your application will move up the wait-list and onto the list of accepted applicants.

#### CONDITIONAL ACCEPTANCE (C): Conditional acceptance into the program

- In some instances, you may receive a conditional acceptance letter - contingent on your ability to provide a document (Degree in Science/Nutrition for instance) or other evidence as required by NEP

#### REJECTED (R): Non-acceptance into the program

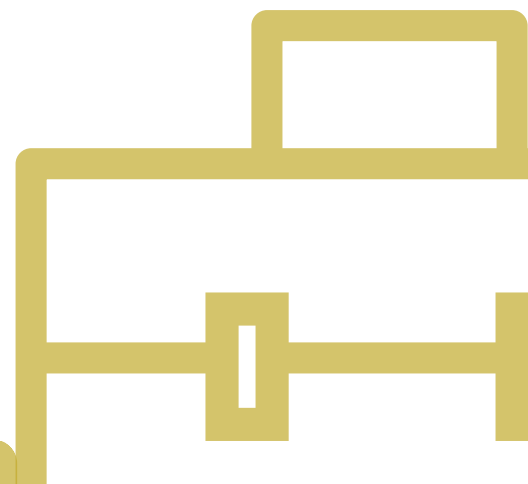
Your application may be rejected if:

- You do not hold a minimum Bachelors degree in Nutrition/Dietetics/Food Science.
- You have provided wrong and inaccurate information on your application.
- You have provided false certifications, credentials and qualifications on your application.
- You have been found to be involved in unethical, unscrupulous or fraudulent practices.
- You lack an entrepreneurial spirit.

In case of rejection, you are encouraged to schedule a call with the Program Directors to understand how to strengthen your applicant profile for a future cycle. In some instances, you may not be eligible to apply to a future cycle. In said instances, you will be notified via email.

# TERMS & CONDITIONS

- The NEP flagship program is for qualified Nutritionists and Dietitians with bonafide degrees irrespective of their country of origin.
- NEP is a professional organisation for a competent few. We maintain high selection standards for our flagship program and once selected, we expect that you demonstrate professionalism in all your conduct towards the program mentors and your co-fellows.
- Program fees are set in advance and are non-negotiable. Please refrain from asking for discounts. We do offer need-based scholarships to deserving candidates.
- If you need to reschedule or cancel your telephonic interview, unless there is an emergency, you are required to give the NEP team a 24-48 hour notice. Unprofessional and erratic behaviour may hamper your chances of getting selected.
- You will have 3 weeks from the date of selection to confirm your participation in the program. NEP reserves the right to withdraw your offer or defer your application to the next cycle of entry in case of delays and an inability to confirm in the stipulated time period.
- If you have an emergency and are unable to join the program post your formal acceptance, you are expected to let the NEP team know at your earliest best. We have candidates on our wait-list whom we would need to move up the list in case of dropouts. Lack of coherent communication and a disappearing act will hamper your chances of acceptance into a future cycle.
- You may be required to provide satisfactory evidence of your qualifications (Degree in Science/Nutrition if required) before admission. Failure to provide such evidence to the satisfaction or providing wrong and inaccurate information and false certifications, credentials and qualifications will result in the termination of your offer and the revocation of your registration.
- In order to secure a place in the program, you will be required to pay a deposit of 5000 INR (USD \$100). If a deposit is required, you will be advised, following receipt of your application, by an email message issued by the Program Director or in your offer letter. If you do not pay the deposit monies in accordance with the payment terms advised in your offer letter, your application shall be withdrawn without further notice. Any deposit you pay will be offset against the balance of fees owed to the program.





# NEP Fellows

2016 - 2021



# 2016 NEP Fellows



**Manali Sherkane**

BSc in Food Science  
and Nutrition  
Mumbai



**Anagha Desai**

MSc in Nutrition  
and Dietetics  
Mumbai



**Simmi Khanna**

PG in Nutrition  
and Dietetics  
Jamnagar



**Vaishali Ratnam**

MSc in Food Science  
and Nutrition  
Mumbai



**Nusrat Patel**

MSc in Nutrition  
and Dietetics  
Mumbai



**Jaini Shah**

MSc in Food Science  
and Nutrition  
Mumbai



**Ekta Chheda**

MSc in Clinical Nutrition  
and Dietetics  
Mumbai



**Soumya Peeru**

MSc in Dietetics  
and Food Service Management  
Mumbai



**Shikha Gala**

MSc in Food, Nutrition  
and Dietetics  
Mumbai



**Manoli Doshi**

BSc in Food Science  
and Nutrition  
Mumbai



**Mudra Gohil**

MSc in Clinical Nutrition  
and Dietetics  
Mumbai



**Deepa B.R.**

MSc in Food Science  
and Nutrition  
Mysore,



**Roshan Lopes**

PG Diploma in  
Clinical Research  
Mumbai



# 2017 NEP Fellows



**Kejal Sheth**

BSc in Food Science  
and Nutrition  
Mumbai



**Sakina Patrawala**

PG Diploma in Dietetics  
and Applied Nutrition  
Mumbai



**Disha Jhaveri**

PG Diploma in Clinical  
Nutrition and Dietetics  
Mumbai



**Mittal Waghela**

MSc in Food Science  
and Nutrition  
Mumbai



**Tareshi Dixit**

MSc in Clinical Nutrition  
and Dietetics  
Mumbai



**Shweta Nagar**

Masters in Food Science  
and Nutrition  
Ahmadabad



**Sushma Gumma**

PG Diploma in Clinical  
Nutrition and Dietetics  
Vijayawada



**Zoya Fazal**

Bachelor's in Food Science  
& Nutrition  
Mumbai



**Disha Bagadia**

PG Diploma Clinical Nutrition  
& Dietetics  
Mumbai



**Akshee Bansal**

Masters in Dietetics  
and Food Service Management  
Ambala



**Sidra Bedar**

PG Diploma Clinical Nutrition  
& Dietetics  
Lucknow



**Aswwini Sagarr**

Master's in Nutrition  
and Dietetics  
Hyderabad



**Shipra Bhatnagar**

PhD in Food and Nutrition  
Ahmedabad



**Pooja Marathe**

Master of Business Administration  
(Food and Agri Business Management)  
Hyderabad



**Asha Nair**

MSc in Clinical Nutrition  
& Dietetics  
Kochin



**Dhanshree Pachorkar**

Bachelor's in Nutrition  
& Dietetics  
Nashik

# 2017 NEP Fellows



**Hetal Saraiya**

PG Diploma in Nutrition  
& Health Education  
Ahmedabad



**Mihika Mittal**

PG Diploma in Nutrition  
& Health Education  
New Delhi



**Pinank Gupta**

BSc in Food Science  
& Quality control  
Vadodra



**Shilpa Talati**

PhD in Food  
and Nutrition  
Ahmedabad



**Anuja Dharap**

Masters in Clinical Nutrition  
& Dietetics  
Mumbai



**Chetna Bansal**

Masters in Clinical Nutrition  
& Dietetics  
New Delhi



**Mrinali Divecha**

Masters in Food Science  
& Nutrition  
Vadodra



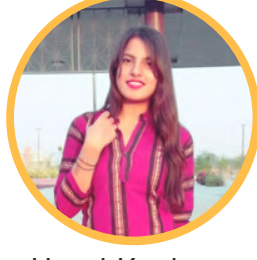
**Dhruvi Rathod**

PG Diploma Clinical Nutrition  
& Dietetics  
Bangalore



**Saba Mohd Sabir**

PG Diploma in Nutrition  
& Dietetics  
Mumbai



**Hetal Kuchara**

Masters in Food Science  
and Nutrition  
Ahmedabad



**Uma Borkar**

Masters in Nutrition  
& Dietetics  
Mexico, USA



**Anuradha Shah**

Masters in Public Health  
Pennsylvania, USA



**Gurmeet Kaur**

Masters in Dietetics  
& Food Service Management  
Jammu



**Abeer Sayed**

Masters in Nutrition  
& Dietetics  
Mumbai



**Saloni Bhatt**

Masters in Food Science  
& Nutrition  
Mumbai



**Vijeta Goyal**

Masters in Dietetics  
& Food Service Management  
Bangalore

## 2017 NEP Fellows



**Rukhsar Falke**

Bachelor's in Dietetics  
Mumbai



**Qudshiya Motiwala**

Masters in Public Health  
& Nutrition  
Vadodra



**Riya Malushte**

Msc in Nutrition  
& Dietetics  
Pune



**Vasundhara Arora**

Masters in Clinical Nutrition  
& Dietetics  
Pune

## 2018 NEP Fellows



**Ankita Chowdhury**

Masters in Dietetics & Food  
Service management  
IGNOU



**Lata Sharma**

Masters in Nutrition  
and Dietetics  
Delhi



**Prachi Sawtekar**

Masters in Sports  
Nutrition  
Mumbai



**Vishwa Patel**

Bachelor's in Foods  
and Nutrition  
Baroda



**Riya Mehta**

Bachelor's in Food Science  
and Nutrition  
Mumbai



**Richa Singh**

MSc Food Science  
and Nutrition,  
Lucknow



**Priyanka Shetty**

Masters in Clinical  
Dietetics  
USA



**Krutika Nanavati**

BSc in Foods, Nutrition  
and Dietetics  
Mumbai



# 2018 NEP Fellows



**Rachel Deepthi**

Masters in Clinical  
Nutrition  
Chennai



**Saima Shaikh**

MSc in Clinical nutrition  
and dietetics  
Mumbai



**Sania Qureshi**

M.Sc. Foods & Nutrition  
(Dietetics)  
Delhi



**Anuja Dani**

Masters in Nutrition  
and Dietetics  
Pune



**Abha Sardesai**

Masters in Clinical  
Nutrition  
Mumbai



**Roomani Jain**

Master's in Food  
and Nutrition  
Rajasthan



**Purabi Gunjal**

Masters in Nutrition  
and Dietetics  
Pune



**Achala Nuguri**

Masters in Food Science  
and Nutrition  
Bangalore

# 2019 NEP Fellows



**Sneha Kasale**

Masters in Nutrition  
and Dietetics  
Pune



**Shilpi Goel**

Masters in Nutrition  
and Dietetics  
Raipur



**Deepali Ghodse**

PG Diploma in  
Dietetics  
Pune



**Chaithra R**

Masters in Nutrition  
and Dietetics  
Bangalore



**Nisha Salian**

Masters in Clinical Nutrition  
& Dietetics  
Mumbai



**Swati Chawla**

Masters in Clinical Nutrition  
& Dietetics  
Mumbai



**Ayesha Sattar**

Masters in Clinical Nutrition  
& Dietetics  
Pakistan



**Vibha Baid**

Dietetics and hospital food  
service IHM  
Jaipur



**Tanvi Kulkarni**

Masters in Nutrition  
and Dietetics  
Pune



**Bonny Shah**

Masters in Nutrition  
and Dietetics  
Mumbai



**Richa Srivastava**

Masters in Food Science  
& Nutrition  
Noida



**Dilkash Abidi**

Masters in Nutrition and  
Dietetics  
Mumbai

# 2020 NEP Fellows



**Anupreksha Rastogi**

Masters in Food Science  
and Nutrition  
Chandigarh



**Dhwani Jain**

Masters in Clinical & Public  
Health nutrition  
Delhi



**Suhana Shriyan**

Masters in Dietetics and  
Applied Nutrition  
Bangalore/ Dubai



**Shilpa Mittal**

Masters in Food Science and  
Nutrition  
Mumbai



**Purva Shah**

Masters in Clinical Nutrition  
& Dietetics  
Mumbai/ Nashik



**Mona Titus**

Masters in Dietetics &  
Food Service Management  
Mumbai/ Chandigarh



**Mayuri Sahasrabudhe-Joshi**

PG Diploma in Clinical  
Dietetics  
Nashik



**Manasi Shah**

Masters in. Clinical Nutrition  
and Dietetics  
Mumbai



**Chaya Mishra**

Masters in Nutrition  
and Dietetics  
Allahbad



**Aishwarya Powar**

B.Sc in Food Technology And  
Management  
Kolhapur



# 2021 NEP Fellows



**Meera Joseph**

Bachelors in Food  
Science and Nutrition  
Mumbai



**Sneha Bhaisare**

PG Diploma in Nutrition  
& Health Education  
Navi Mumbai



**Dhruvi Chokshi**

PG Diploma in  
Clinical Dietetics  
Vadodara



**Neethu Vipin**

Masters in Nutrition  
and Dietetics  
Bangalore



**Apoorva Rao**

Masters in Nutrition  
& Dietetics  
Mumbai



**Vandana Garg**

Ph.D. in Food and  
Human Nutrition  
Jaipur



**Deepakshi Vaid**

Masters in Nutrition  
and Dietetics  
Jammu



**Shubhada Kanani**

Ph.D in Foods and Nutrition  
Vadodara



**Lovely Ranganath**

Masters in Food  
and Nutrition  
Dubai



**Gayatri Chandrasekharan**

Masters in Food service management  
and dietetics  
Oman



**Payal Banerjee**

Masters in Nutrition  
& Dietetics  
Kolkata



**Harpreet Kour**

PhD in Exercise Physiology  
Belgaum



**Suhchandany Goswami**

BSc in Food science and Nutrition  
Hansi



**Yamee Bardoliwala**

Masters in Food science  
& Nutrition (Dietetics)  
Vadodara



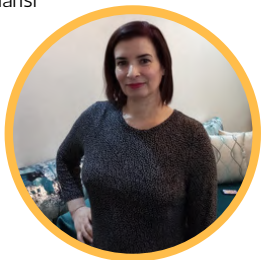
**Pooja Singhania**

PhD in Food Science  
& Nutrition  
Mumbai



**Jyothi Srinivas**

Masters in Nutrition  
& Dietetics  
Hyderabad



**Najoua EL Mesmoudi**

PhD in Nutrition sciences  
UAE



**Sheetal Naik**

PG Diploma in Dietetics  
Vadodara

## Other Programs and Activities



### NEP Freedom Webinars (Season 1, 2 and 3)

A webinar once every month on various topics spanning the entire spectrum of a Nutripreneur's life - from motivational counselling to video shooting and everything in between.



### NEP LIT30 - Learn IT skills in 30 days

Learn IT skills in 30 days ranging from website creation, generating website traffic, making a YouTube channel and everything in between. These tangible skills will help take your nutrition practice to the next level.



### Design Masters Challenge

An experiential one-of-it's kind gamified program offered over 6 weeks to transform you into a Design Champ so that you can design creatives that will wow your clients.



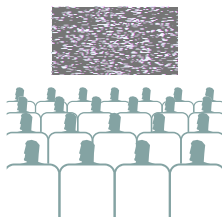
### Public Speaking Masterclasses

An immersive and specialised class to shake the stage fright out of you. Experiential learning tactics (improv speaking, elevator pitches, debates) will be used to cultivate and polish our skills.



### Nutrition Innovators Summit + eNlight

An annual event where ideas meet and magic happens! Network with fellow Nutripreneurs and engage with industry stalwarts on intellectual discourse around the latest trends in the health, nutrition, dietetics and wellness world.



### Workshops and Symposiums

Give your students an opportunity to learn all about the exciting world of Nutripreneurship. Listen in as our founders share candid stories about their individual entrepreneurship journeys, from the highest highs to the lowest lows and all of the lessons they've accumulated. Experiential modules (simulations, group presentations) may be included upon request too.

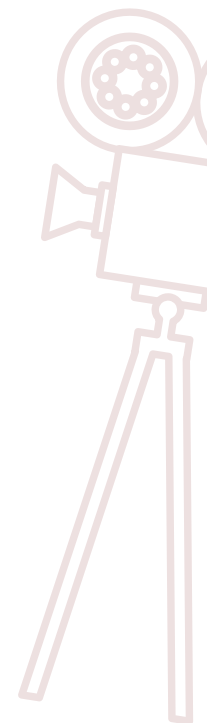
For details about individual programs, please visit -  
[www.mynep.org/what-we-do](http://www.mynep.org/what-we-do)





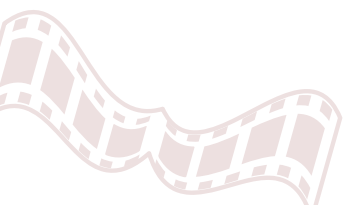
## NEP Freedom Webinar Series- Season 1

1. Motivational counselling techniques for difficult clients
2. Build an online practice with zero investment
3. Video-making workshop for Nutritionists
4. Capturing the community
5. Basics of Finance management
6. Effective pricing strategies - Get more for less
7. Blogging essentials for Nutritionists
8. Legal essentials - Copyright, Trademark and Registration
9. Corporate Wellness - an emerging space
10. Building a Maternal and Child Nutrition practice
11. Building a Sports Nutrition practice
12. Generating Passive income for your Nutrition practice



## NEP Freedom Webinar Series - Season 2

1. Nutrition supplement recommendations - A complete guide for clinical practice
2. Counselling for behaviour change - A deep-dive
3. Nutripreneur End game - Winning the war against fad diets and quacks
4. Business communication 101 - Crafting your competitive edge
5. First 100 days - Early strategies for growing your nutrition venture /nutrition project
6. Food product development - Emerging business opportunities
7. Shoot, share, encash - Monetizing your video content
8. Tailoring Nutrition interventions - Strategies for managing cultural diversity
9. Go digital - latest trends in online marketing
10. Practice what you preach - How to be a role model for your clients
11. Business Automation 101 - Time-saving technology to your rescue
12. The resilient Nutripreneur - Managing both success and failure





**Sarojini Naidu Vanita Maha Vidyalaya,  
Hyderabad.**

4th July, 2017



**Mount Carmel College,  
Bangalore.**

September, 2017 NNW



**Symbiosis International University,  
Pune**

NNW, September 5, 2017



**eNLight annual event  
Ahmedabad**

NNW, September, 2017





# SYMPOSIUMS



**Jaipur, University of Rajasthan**

March 26, 2019



**The Maharaja Sayajirao University, Baroda**

NNW, September, 2017



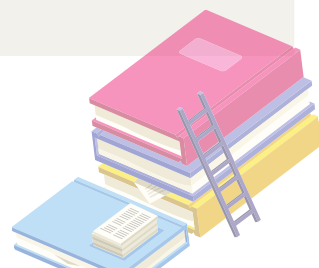
**IDA Chapter, Ludhiana**

December 12, 2019



**Navi Mumbai, Mumbai**

August 19, 2018



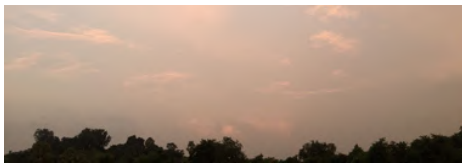


# NEP ADVENTURE GETAWAYS!





# NEP ADVENTURE GETAWAYS!





# eNlight 1.0 - 2017





# eNlight 2.0 - 2018



BE THE  
**CHANGE**  
YOU WANT TO SEE IN THIS  
**WORLD.**  
-MAHATMA GANDHI



# eNlight 3.0 - 2019



# CONTACT DETAILS

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## NUTRITIONIST ENTREPRENEURSHIP PROGRAM

### Admissions office

[admissions@mynep.org](mailto:admissions@mynep.org)

Phone: +91-7208530876



#### Vishwas Wellness LLP

200, Om Lamba Society,

Sion-Trombay road,

Mumbai 400022.

INDIA



#### Website:

[www.MyNep.org](http://www.MyNep.org)

#### Social media handles:

[www.facebook.com/Mynep.org](https://www.facebook.com/Mynep.org)

[www.instagram.com/nep\\_org](https://www.instagram.com/nep_org)



# NUTRITIONIST ENTREPRENEURSHIP PROGRAM

[www.myNEP.org](http://www.myNEP.org)



*Join the Nutripreneur Revolution!*