

## Nutrition Innovators Summit 2021 - Agenda



Panels



Workshops



Special Features

<b>Friday, Oct 1st</b> 6:00 pm to 8:00 pm	<ul style="list-style-type: none"> <li>- <b>Opening ceremony</b></li> <li>- Meet and greet</li> </ul>	<ul style="list-style-type: none"> <li>- Welcome note by <b>Dr. Vishal Marwah</b> (Founder, NEP)</li> <li>- Orientation and summit walk-through</li> </ul>
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Time (IST)	Saturday, Oct 2nd	Sunday, Oct 3rd	Monday, Oct 4th
8:45 am - 9:00 am	Warm up + Networking Lounge		
9:00 am - 9:30 am	Arogya World - My Thali Project launch	Indians abroad - Stories of Resilience!  Surprise Guest Speaker (11:00 am)	New Frontiers in Clinical nutrition
9:30 am - 11:00 am	The Entrepreneurial mindset		Mission NutriCowin - Nutrition innovations in the time of Covid
11:00 am - 11:15 am	Coffee Break + Networking Lounge		
11:15 am - 12:30 pm	Restaurants, Cloud-kitchens and Culinary Nutrition	Holistic Fitness and Peak Performance	Workshop: The Art of Motivational Counselling
12:30 pm - 2:30 pm	Lunch break + Networking Lounge		
2:30 pm - 3:45 pm	Maternal and Child Health - Innovative practices	Workshop: Hydroponics  Workshop: Growing Microgreens at home	Workshop: Cracking the Customer's mind - applying Qualitative methods to business
3:45 pm - 4:30 pm	Gender and Diversity in Nutrition Practice		
4:30 pm - 5:00 pm	High-Tea + Networking Lounge		
5:00 pm - 6:30 pm	Workshop: Mindfulness - The Art of Being in the moment	Video making workshop - 1 minute to fame!	Workshop: 9 Digital Skills to exponentially grow your Health and Wellness Business in 2021
7:00 pm - 8:00 pm	Student Lounge	Student Lounge	Closing ceremony + Prizes